

1st May 2019

Dear Parent/Guardian,





"We Can and We Will"

'PGL ARDECHE ADVENTURE 2019'

Please see the below information to help you prepare your child as best as possible for our amazing adventure.

- Students must be at school by 1.00pm on Saturday 25th May and have eaten a good meal before.
- Students will need to bring on the coach with them a small ruck sack containing water, a packed meal to eat for tea/dinner, snacks and money for additional food on the journey.
- They should also take a sleeping bag and pillow on the coach as they will hopefully want to sleep during the journey.
- Students must wear the t-shirt we have brought them when travelling.
- All student medicine must be packaged in a transparent container or bag with the student's name labelled on it. It should also contain information about what the medicine is and instructions for its use.
- Medicine will be held by the group leaders for administration as and when required. Please pack this at the top of the bag ready to hand to the group leaders before we get on the coach.
- If a student has asthma they must bring with them 2 inhalers. One to be held at all times by themselves and a spare to be kept by their group leader.
- Reminder: Students must not bring ANY electrical items with them on the trip. Any electrical items found on students will be confiscated by staff and we will not always have access to a safe place to store them.
- We estimate that students will need in the region of £20-£50 spending money. We will not be responsible for any losses of money.
- We will update our school social media accounts with photos of what we are doing and where we are. We will also update you on the progress of our return journey:

Twitter: @TQEA_PE Instagram: tgea pe

- Our estimated return time is 3.00pm on Saturday 1st June.
- If we are due to arrive at a significantly earlier or later time we will endeavour to contact you via telephone as best we can.
- We require passports and EHIC cards to be handed in to school reception on or before <u>Friday 10th May.</u>

The school mobile number to contact in case of emergency during the trip: 07543 497 082

If you have any questions between now and our departure, please contact me at school via telephone or email.

Kind regards	Parents Checklist
Mr. M. Webb m.webb@tqea.org.uk PE Department	☐ Passport handed in
	☐ EHIC card handed in
	☐ Medicine packed at top of bag in a transparent container
	☐ Small backpack prepared for coach journey
	☐ Reasonably size holdall bag packed following kit list guidelines
	\square 2 litres of water containers packed in small backpack for coach
	☐ Sun cream packed