

THIS WEEK'S Eats

Week One



Everyday faves!

	option one	Jackets	Pizza & Pasta	Hot Snacks	Subs	Salad	Sarnies
MON	American Beef Burger or the Incredible Vegan Burger with Tasty Wedges and Sweetcorn	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
TUE	Chinese Sweet & Sour Chicken with Rice or Vege Chow Mein with Peas	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
WED	British Roast Turkey or Quorn Roast with Roast Potatoes, Peas, Sweetcorn and Gravy	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
THUR	Indian Chicken Korma and Rice or Vege Biryani with Sweetcorn	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
FRI	British Battered Fish or Breaded Chicken Strips or Vegan Sausage Roll with Chips, Peas and Baked Beans	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!

THIS WEEK'S Eats

Week Two



Everyday faves!

	option one	Jackets	Pizza & Pasta	Hot Snacks	Subs	Salad	Sarnies
MON	American Mac N Cheese topped with BBQ Chicken or Crispy Cauliflower with Sweetcorn	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
TUE	Italian Traditional Lasagne with Garlic and Herb Wedges or Vege Ball Marinara Sub Roll with Rice Served with Peas	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
WED	British Roast Pork with Stuffing and Apple Sauce or Quorn Roast with Roast Potatoes, Peas, Sweetcorn and Gravy	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
THUR	Peruvian Chicken Burger or The Incredible Vegan Burger with Peruvian Sauces with Fajita Wedges and Sweetcorn	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
FRI	British Battered Fish or Breaded Chicken Strips or Vegan Sausage Roll with Chips, Peas and Baked Beans	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!

THIS WEEK'S Eats

Week Three

option one

Everyday faves!

		Jackets	Pizza & Pasta	Hot Snacks	Subs	Salad	Sarnies
MON	Mexican Beef Burrito or Quorn Burrito with Sweetcorn	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
TUE	Peruvian Chicken Burger or The Incredible Vegan Burger with Peruvian Sauces with Fajita Wedges and Sweetcorn	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
WED	British Roast Gammon with Stuffing and Apple Sauce or Quorn Roast with Roast Potatoes, Peas, Sweetcorn and Gravy	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
THUR	Indian Chicken Korma and Rice or Vege Biryani with Sweetcorn	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
FRI	British Battered Fish or Breaded Chicken Strips or Vegan Sausage Roll with Chips, Peas and Baked Beans	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!



The breakdown of the
everyday faves!

THIS WEEK'S Eats



Jacket Potato Must cook	<p>A Choice Of The Following Toppings Available Daily</p> <ul style="list-style-type: none">Baked beansCheeseTuna MayoBolognese
Jacket Potato Must Cook	<p>Salmon Mayonnaise Jacket Potato *** <i>(Must Be Offered At Least Once Per Three Week Menu Cycle)</i></p>
Sides	<p>A Side salad</p>

THIS WEEK'S Eats



	Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Must cook	Beef Bolognese Herby Tomato Pasta	Beef Bolognese Herby Tomato Pasta	Beef Bolognese Herby Tomato Pasta	Beef Bolognese Herby Tomato Pasta	Beef Bolognese Herby Tomato Pasta
Pizza Must cook	Margherita Pizza	Margherita Pizza	Margherita Pizza	Margherita Pizza	Margherita Pizza
Sides	Mixed side salad Baked Garlic & Herb Potato Wedges	Mixed side salad Baked Garlic & Herb Potato Wedges	Mixed side salad Baked Garlic & Herb Potato Wedges	Mixed side salad Baked Garlic & Herb Potato Wedges	Mixed side salad Baked Garlic & Herb Potato Wedges

THIS WEEK'S Eats



Sandwiches
Must Serve

Demi Baguette
Must Serve

Subs
Must Cook

Panini
Must Cook

Sides

Everyday Favourites

Cheese Sandwich
93151102

Ham Sandwich
93150962

Chicken Mayo Sandwich
93151047

BLT Sandwich
93151106

Ham Salad
93171954

BLT
93147653
Chicken Mayo
93172123

Vege Ball Marinara Sub
93170765

Chicken Teriyaki Sub
93170704

Chicken Tikka Sub
93036737

Ham and Chicken Melt Sub
93170707

Ham & Cheese Panini
93129864

Cheese & Tomato Sauce Panini
93170794

Tuna Melt Panini
93129865

BBQ Chicken Panini
93170729

Mixed side salad
93143440

Baked Garlic & Herb Potato Wedges
93157067



THIS WEEK'S Eats



Salads

Chicken and Bacon Pasta Salad

Tuna and Sweetcorn Pasta Salad

THIS WEEK'S Eats



Offer A Choice Of Four Desserts As A Minimum

Frozen Dessert	Made In House Dessert	Bought In Dessert
Vanilla Ice Cream	Oat Cookie	Banana Malt Loaf Bar
Chocolate Ice Cream	Chocolate Brownie	Apple and Sultana Biscuit Bar
Strawberry Ice Cream	Fruit Flapjack	Mini Blueberry Muffin
Raspberry Ripple Ice Cream	Iced Bun	Malt Loaf Bar
Blueberry Frozen Yoghurt	Jam Doughnut	Red Berry Cereal Bar
Mango Frozen Yoghurt	Banana <i>(offer with dessert)</i>	Banana <i>(offer with dessert)</i>
Strawberry Frozen Yoghurt	Mandarin <i>(offer with dessert)</i>	Mandarin <i>(offer with dessert)</i>
Banana <i>(offer with dessert)</i>		
Mandarin <i>(offer with dessert)</i>		