Monday 22nd September – Year 7 PSHE

Day Dear Parent/Carer,

We are pleased to inform you that all Year 7 students will be taking part in a dedicated PSHE (Personal, Social, Health and Economic Education) Day on Monday 22nd September. Throughout the day, students will engage in a variety of important and enriching sessions covering the following topics:

• First Aid, including CPR

• Health and Wellbeing

• Diversity

• E-Safety

• Relationships and Boundaries

These sessions are designed to support students’ personal development and equip them with essential life skills in a safe and supportive environment.

Important Information:

• Students should attend school in their PE kit for the day.

• They must bring their usual writing equipment.

We look forward to an engaging and informative day for our Year 7 cohort.

Kind regards,

Shelley Knight

PSHE Lead